	MON	TUE	WED	THU	FRI	SAT	SUN
06:00 AM	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING		
08:30 AM						KICKBOXING	KICKBOXING
09:00 AM	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING		
10:00 AM						KICKBOXING	KICKBOXING
10:30 AM	KICKBOXING		KICKBOXING				
11:15 AM							KICKSTART KICKBOXING
05:30 PM	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING		
06:45 PM	KICKBOXING	KICKBOXING	KICKBOXING	KICKBOXING			